



BELLHAVEN

COPPER & GOLD INC.

FOR IMMEDIATE RELEASE

Panama, April 16, 2010. Bellhaven Copper & Gold Inc. (the “Company” or “Bellhaven”) (TSX-V: BHV) announces that it has agreed with certain of its creditors to settle debts aggregating up to \$67,465.30 by issuing 446,250 shares (10,000 shares at a deemed price of \$0.20 per share and 436,250 shares at a deemed price of \$0.15 per share) to the creditors. The shares issued on the settlement of these debts will be subject to a four month hold period, expiring on August 16, 2010.

About Bellhaven:

Bellhaven Copper & Gold Inc., is a Canadian-listed (TSX-V: BHV), mineral exploration company, exploring for gold and copper in Panama and Colombia. The Company’s objective is to become the best gold-copper company operating in Panama and Colombia, by discovering, acquiring, and developing high-quality resources in a safe and responsible manner to the benefit of all of our stakeholders.

The Company’s principal assets include one mining (exploitation) concession, three exploration concessions, and ten exploration concession applications on copper and gold prospects in Panama, totaling 117,613 hectares, the La Ventura prospect consisting of three exploration concession blocks and 6,400 hectares in the San Lucas gold belt in northeastern Colombia, and 100% control of the Cerro Quema gold-(copper) project (high-sulphidation epithermal deposit) on the Azuero Peninsula in Panama. The Company announced a letter of intent (LOI) with Pershimco Resources (TSX-V: PRO) on January 4th, 2010, to develop Cerro Quema, whereby Pershimco can earn up to a 75% equity interest in the project, plus an option to purchase an additional 10% interest for US\$5M.

On behalf of the board of directors,

Julio C. Benedetti, President, CEO
BELLHAVEN COPPER & GOLD INC.

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For more information, please visit the Company’s web site at www.bellhavencg.com

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