



# BELLHAVEN

COPPER & GOLD INC.

## **Bellhaven Hires Exploration Manager for Panama**

**Panama, Rep. of Panama – July 19, 2010. Bellhaven Copper & Gold Inc. (TSX-Venture: BHV) (“Bellhaven” or the “Company”)** is pleased to announce the appointment of Mr. Thomas Drown to the position of Panama exploration manager. Mr. Drown has spent his entire career in mineral exploration participating in important discoveries involving volcanogenic massive sulphides, rare-earth elements, and high-sulphidation epithermal gold deposits. During these pursuits Mr. Drown acted as either principal geologist or exploration manager and brought a high level of professionalism to his work. Mr. Drown is a qualified person as defined by National Instrument 43-101.

### **Paul Zweng, Bellhaven’s Interim CEO and Director, commented as follows:**

“We are pleased that Tom has accepted our offer to lead our exploration efforts in Panama. Tom has experience in high-sulphidation epithermal deposits, our principal target type in Panama, and has a relentless attitude towards exploration. He gets the job done.”

“Tom and I worked together for five years at QGX Ltd. in Mongolia. His leadership, experience, and persistence made a tremendous contribution to QGX. During this time Tom participated in two significant exploration discoveries. I am counting on him to deliver the same success to Bellhaven.”

### **Grant of Incentive Stock Options**

The Company also announces that it has granted in the aggregate 200,000 options at a price of \$0.225 per share to certain consultants, employees, officers and/or directors of the Company. The options are exercisable for a five-year period from the date of grant. The options may include vesting restrictions as per the Company’s stock option plan.

### **About Bellhaven**

Bellhaven Copper & Gold Inc., is a Canadian-listed (TSX-V: BHV) exploration company exploring for gold and copper in Panama and Colombia. The Company’s objective is to become among the best gold-copper companies operating in Panama and Colombia by discovering, acquiring, and developing high-quality resources in a safe and responsible manner to the benefit of all of its stakeholders.



The Company's principal assets include the La Mina porphyry gold-(copper) project in the Middle Cauca belt of Colombia, the high-sulphidation epithermal gold-(copper) and porphyry copper prospects located on the Azuero Peninsula in Panama, and the La Ventura prospect in the San Lucas gold belt in northeastern Colombia. In addition, Bellhaven controls 100% of the Cerro Quema gold-(copper) project also located on the Azuero Peninsula in Panama. The Company announced a letter of intent (LOI) with Pershimco Resources (TSX-V: PRO) on January 4<sup>th</sup>, 2010, to develop Cerro Quema, whereby Pershimco can earn up to a 75% equity interest in the project, through payments and project spending of US\$18.5 million, and can acquire an additional 10% interest for US\$5 million.

On behalf of the board of directors,

Paul L. Zweng, CEO & Director  
**BELLHAVEN COPPER & GOLD INC.**

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For more information, please visit the Company's web site at [www.bellhavencg.com](http://www.bellhavencg.com)

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*Statements in this press release, other than purely historical information, including statements relating to the Company's future plans and objectives or expected results, may include forward-looking statements. Forward-looking statements are based on numerous assumptions and are subject to all of the risks and uncertainties inherent in resource exploration and development. As a result, actual results may vary materially from those described in the forward-looking statements. Readers are cautioned not to place undue reliance on forward-looking statements.*